

## Team UNC Wellness 2010 Amenities

<u>Amenities</u>	<u>Members of UNC Wellness Center</u>	<u>Non-Members of UNC Wellness Center</u>
Masters Swim	First come up to 15	Thursday Evenings Only
Spin Classes	All access	Avoid Ticket to Ride classes
Winter Weekly Indoor Trainer Rides	All access	All access
Yoga	All access	Recommend Sage's Wednesday Yoga before team meeting
Open water clinic	15% discount (\$4.50 value)	10% discount (\$4.00)
Women's Tri Clinic	15% discount (\$20.00 value)	10% discount (\$15.00)
Other Clinics Sport Related	15% discount (sign up for two get free entry to the third of equal or less value) Each class is \$20/hr value	10% discount (sign up for two get free entry to the third of equal or less value) Each class is \$25/hr value
UNC Tri Race Entry	Entry for Free Drawing (\$55.00+ value)	Entry for Free Drawing (\$55.00 + value)
Wellness Center Gift Certificate worth the value of Club Wars registration	Require: 1) attendance at meetings 2) volunteer at races 3) volunteer within club duties 4) wear club uniform at races 5) participate in Club Wars	Require: 1) attendance at meetings 2) volunteer at races 3) volunteer within club duties 4) wear club uniform at races 5) participate in Club Wars
Indoor Tri Race Entry (club race)	15% discount (\$5.25)	15% discount (\$6.75)
Registered Dietician	Entry for Free Drawing (\$70.00)	Entry for Free Drawing (\$80.00)
Personal Training	Entry for Free Drawing (\$65 value)	Entry for Free Drawing (\$80 value)
Massage Therapy	Entry for Free Drawing (\$70.00)	Entry for Free Drawing (\$80.00)
VO2 Testing	15% off first test (\$30), 20% off second (\$40)	15% off first test (\$30), 20% off second (\$40)
Computrainer	15% discount (\$11.25)	15% discount (\$11.25)
Guest Passes	Follow membership plan (4 on April 1 <sup>st</sup> )	Up to 2 guest passes per quarter with guidelines (8 passes for the year)
Courtyard night and restaurant passes	Entry for Free Drawing (\$\$\$\$)	Entry for Free Drawing (\$\$\$\$)
<b>Estimated Amenities</b>	<b>Up to \$value</b>	<b>Up to \$value</b>

### Fleet Feet Amenities:

- Sponsor Craft uniforms
- I am awaiting news from Gary about tech shirts but FF may be up for ordering Brooks Podium shirts as a back up
- Monthly or bi-monthly give aways from the store (shoes, race kits, hydration belts, etc)
- Host 1-2 meetings at the store - would you be up for a March meeting at the store? We're looking to host our meetings the first Wednesday of the month at 7:15 p.m.

- Marketing through FF newsletter
- Write quarterly or twice a year article for team newsletter
- Advertise through a tri team page on the website and link people to register, discussion board, where to meet for trainings, etc.

Team UNC Wellness is a community based group of triathletes with skills ranging from beginner to elite. Our self run organization provides monthly educational meetings supplemented with group workouts organized by our committee and sponsors. As a 2010 member you will receive a free technical team shirt, access to group classes led by coaches, represent and cheer on fellow team members at various club Top Choice Races and Club Wars, have an opportunity to give back to the triathlon community through Team events, and receive and be eligible for discounts, give-aways and other amazing deals offered through the Wellness Center at Meadowmont and Fleet Feet Sports of Carrboro.

Your yearly team membership fee of \$50 allows some of the area's top coaches to give their expertise to the team through workouts organized by them and discussions and provides support for our social events. Whether you've been racing for 10 years+ or just beginning the team provides motivation, camaraderie and the ability to train and race together.